Family Sunday

HANA LIMA • JUNE 20, 2021

Tube Knitting

Materials needed for this activity:

- Paper tube roll (toilet roll)
 For the instructions, we painted the paper tube black for visibility of all parts.
- 8-Popsicle sticks (Uses 4, extra for denser knit/larger looms)

AGES 5+
CLEANUP LEVEL

- 6 rubber bands (tape or hot glue qun with adult supervision)
- Yarn, any color(s)
- Scissors



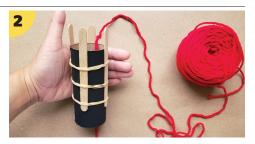
Adult supervision is recommended for this activity.



TO SET UP YOUR PAPER TUBE LOOM



On the paper roll, evenly attach 4 popsicle sticks around using 3 rubber bands. The sticks should stick out around 1" from the same, one end of the roll.



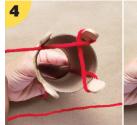
Feed the yarn through the paper roll from the popsicle end. Leave a yarn tail hanging out from the other end.

HOW TO KNIT





Hold the yarn tail and paper roll with one hand. With your other hand, wrap the yarn around the outside facing part of the stick then go counterclockwise to the next stick.



Continue to wrap yarn the same way on the remaining sticks as you move counter clockwise. Keep yarn loops relaxed, too tight will make it hard to knit and may distort or break your loom.



For a 4-stick loom, when fully looped, the yarn should look almost like this: 4. Let go of the yarn tail here.



When you're back to the first loop/stick, use one hand to hold your yarn against the outer side of the stick, above the yarn loop.



Then take the bottom yarn loop and pull it out and over the top yarn and stick. Repeat and continue this around the loom (counter clockwise) to create your knitting.





The more you knit, the longer your knitting becomes. *Continue on the back to finish the knitting activity!*



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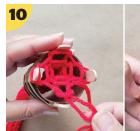
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FINISHING YOUR KNITTING



Once your knitting is done, cut your yarn with at least 6" of length.



Carefully take a loop off the stick and feed the yarn through that loop, repeat for the remaining loops.



Then pull tightly to close the end. **Knitting is complete!**



To hide the yarn ends, you can sew/weave it back into the knitting. To trim yarn ends, remember to leave some length and do not cut to the very ends of the knitting, it will unrayel.

Reminders and tips!

- Unsure about your knitting?
 Does it look like a neat,
 repeating web inside the tube?
 Then you're doing great!
- After knitting a few times around, gently pull the yarn tail to tighten the start of the knitting. Occasionally pull the yarn tail to stretch your knitting and check how long it is.
- Take breaks! Knitting is a process, so take your time and place it safely aside when you're not working on it. Come back to it when you're ready.

Fun and creative suggestions:

Size up a loom!

- Use a sturdy cylinder with both ends open: Packing tape roll, paper oatmeal container.
- You will end up with a larger knitted tube.

Add more sticks around the cylinder to create a denser knit.

- Remember to leave enough space between sticks (at least 1/2").
- Try adjusting the size of sticks you use (use same stick type for one loom)
- Chop sticks, popsicle sticks, jumbo popsicle sticks

Try a multicolor yarn or tie-on different color yarns.

 To tie on a new color, cut the working end of your current yarn at least 6". Take a new color yarn and neatly tie it to the 6" end of the previous color used.

What can you do with it?

- Craft a bracelet or lei for yourself and your favorite people. Just tie the yarn ends together!
- Knit a long garland to decorate a tree. Hang or tie decorations off it!
- With a larger loom create...
 - · A bag for produce, beach items, balls.
 - A warm scarf or arm warmers.

